DAILY WORD

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What Is Silent Unity?

WHAT IS Silent Unity? How do I ask for prayers? Where do I write? What is the cost? What is expected of me if I ask for prayers from Silent Unity? Does my race, creed, or color make any difference? May I ask for prayers for persons other than myself? What about asking for prayers for someone who does not know about my request?

Because DAILY WORD is edited under the supervision of Silent Unity; because there are many articles by Silent Unity in DAILY WORD; because there are many references to the Silent Unity work in DAILY WORD, we receive many questions, such as the above from our readers.

What is Silent Unity? Silent Unity is the heart of the Unity work, for it is a place of prayer; it is a place where people turn in their time of need. Requests for prayers pour into Silent Unity daily from every part of the world, from people in every walk of life. Answers to these requests go forth daily, and more important still, a perpetual prayer service is carried on by Silent Unity.

Who asks for the prayers of Silent Unity?

How does one ask for prayers? Anyone and everyone is welcome to turn to Silent Unity for prayerful help. One may ask in person; he may ask by telephone; he may send a telegram; or he may do as thousands who turn to Silent Unity for help: write a letter. A sheet of paper, an envelope, and a stamp are all that are needed to make speedy contact with Silent Unity. As soon as that letter reaches Unity headquarters, it receives a blessing, and even before it is answered spiritual contact is made because of the faith that prompted its writer to send it; because of the faith of the ones who receive it in Silent Unity.

A letter asking for Silent Unity's help need not be long. We do not specify how you are to write your letter. We know that your need will prompt your words. You may feel free to say as much or as little about your problem as you wish. But you may say what you feel led to say with utter confidence, for what you write to Silent Unity is between you and us and God. Your problems are not discussed elsewhere; every confidence is treated as a sacred trust.

There has never been any charge made for the prayers of Silent Unity. Our work is supported entirely by love offerings. The help we offer, the prayers we give are as freely and lovingly given to the one who is able to give nothing

at all as to the one who is able to give much. We leave each person free to decide in his own mind what he should give.

We serve impartially, impersonally, all who turn to us. We see all those who write to us first and foremost as children of God; we see them as spiritual beings seeking understanding; we see the heart and the soul; we see the real person, rather than the face, the clothing, the mannerisms, the personality that friends and family see. Sometimes we feel that we know the ones who write to us better than anyone else in the world, for when people meet heart to heart, when they pray together, a close bond is established between them.

We love those who write to us; we think of them as our friends. We stand by them in their time of need; we rejoice with them in the blessings that come to them, and always we feel very close to them in spirit.

Almost every letter that comes to Silent Unity includes a request for prayers for someone other than the writer. There is a great longing in the heart of everyone to reach out and bless those he loves; to help his family, his friends, his business associates, even the stranger he meets on the street or whose need he hears about in some way. We are happy to include all in our prayers. The

only thing we ask is the co-operation of the one who asks for prayers. It is important to notice that we say we are praying *with* you. Jesus said, "Where two or three are gathered together in my name, there am I in the midst of them." We need your co-operation; we need the gathering together of hearts and minds and spirits in faith and prayer. Then are the miracles of healing and blessing called forth, for then is the very spirit of Christ, the source of power, called into action.

The person for whom you ask prayers need not know of your asking in order to receive help. There is a spirit in everyone that is receptive to Truth, that responds to the prayers of faith of another. But the thing to remember in praying for someone else is to pray lovingly and impersonally, not to determine in your own mind what is best for him, but rather to pray that God's Spirit be awakened in him; that God's good be brought forth in his life in the way that will bless and help him most.

When we go into our prayer room in Silent Unity we always remind ourselves, "It is not I but the Father in me; He doeth the work."

We do not claim to have any special power; we are channels through which God's power is poured forth.

If you need help in prayer for yourself or someone else, we invite you to write or contact Silent Unity. We shall welcome your requests; we shall take up your needs in prayer; we shall send you instructions as to how to pray with us most effectively; we shall send you a prayer to use along with us. We shall do all we can to help you find the right answers to whatever is troubling you.

Address your letters to Silent Unity, Lee's Summit, Missouri.

Our telegraph and telephone address is Silent Unity, Kansas City, Missouri, BAltimore 4720.

You may get in touch with us at any hour day or night, for someone is always here keeping the vigil of faith.

God bless you. Silent Unity

A TABLE BLESSING

Father, we thank Thee for this food. Bless it to the use of our bodies as Thy Spirit blesses our souls.

The Ultimate Victory

JAMES DILLET FREEMAN

WE BELIEVE in the fatherhood of God. We believe in the brotherhood of man.

We believe in a free society, built on the cooperation of the people who compose it.

We believe that all men are created to have equal and unlimited opportunities.

We believe that the rightful heritage of men is peace, plenty, justice, and liberty.

We believe in the ultimate victory of the right.

We believe in neither caste nor class nor race, but in one God, one humanity, one law, one future.

This is the faith of America. This is the faith of men of good will everywhere.

Wherever we may be, however we may be serving—as housewife, teacher, nurse, factory worker, office worker, businessman, farmer, soldier—we are all workers together toward that which is true and right and just, and we each have a genuine contribution to make to the preservation of the friendly, free American way of life.

Has it seemed that the world is full of dis-

trust and uncertainty? Now let us look beyond appearances. Let us see it as it really is, full of the desire for peace, the will for peace, peace itself; for it is full of people like us, people who want only to live in peace and to be good neighbors, loving, simple, kind people; honest, hard-working, good people; millions upon millions of them, in every country on the globe, waiting, praying, working for one common end, the attainment of lasting peace.

This is no time for depression and fear. This is a time for vision and faith, faith in ourselves, in humanity, in God. We stand on the threshold of a new era. All about us are evidences not of man's enslavement but of his liberation.

Disease is being conquered. Machines are loosing man's age-old chains of toil. Science is making ours in unbelievable abundance the material resources of the earth. Even the power in the atom has been released. Education is wiping out ignorance and superstition. Devices like the jet-propelled plane, the radio, television, and the motion picture are eradicating distances and differences, drawing all men closer together. Above all, men are learning that God is the power within them and that they have access to His wisdom, might, and love.

The world has survived a hundred Caesars

and Attilas and has come forward. It is going forward now. We are marching toward the dawning of the light of peace, we who have faith in the ideals of Christianity and who serve these ideals. Let us press forward toward the peace triumphant. For we are not alone.

We are one with millions of people all over the earth who are praying too. We are one with the spirit of progress that has so long sustained men and impelled them forward, lifting them up toward the consummation of their brotherhood and the realized peace of God. We are one with life. We are one with all that is beautiful and noble and kind and joyous.

Let us keep courage. Let us keep praying. Let us keep the peace within. Let us build the peace without.

Archimedes told the Greeks that if he only had a fulcrum on which to rest a lever he could move the world. We have both a lever and a fulcrum. The lever is prayer. The fulcrum is God. With human hands we cannot move the stone of hate and selfishness and fear; but with the lever of prayer turning on the fulcrum of God we can move the world itself.

Truth will endure, and high vision will beckon. There will always be men to carry the light forward, to push out bravely against the darkness.

Sunday

JESUS CHRIST IS NOW HERE, RAISING ME TO HIS CONSCIOUSNESS OF HEALTH, JOY, PEACE, AND SUCCESS.

LET US begin today to lift our consciousness to Jesus Christ and ask in His name for health, joy, peace, and success. For He said, "And whatsoever ye shall ask in my name, that will I do."

Our prayers become powerful and a constant blessing to ourself and others when we ask in His name for the good we seek.

Health is in Jesus Christ. Our body becomes alive and vibrant with new life and strength when we ask in His name for more abundant life.

Joy is in Jesus Christ. Our life is filled with an inner joy and radiance that no one can take from us when we ask in His name for joy.

Peace is in Jesus Christ. Our life becomes peaceful and serene, and we are comforted and sustained when we ask in His name for peace.

Success is in Jesus Christ. Our life is increasingly successful when we ask in His name for more abundant prosperity and success.

♣ *If ye shall ask anything in my name, that will I do.*—JOHN 14:14.

Monday

GOD CREATED THE WORLD AND EVERYONE AND EVERYTHING IN IT. GOD IS LOVE.

NO MATTER what the appearances in the world may be, I refuse to believe that everyone and everything in it is doomed. I intrust the future of the world to the loving care of God. His Spirit is within us, around us, beneath us, above us; His life supports and sustains us. His light shines through us and for us.

The very spirit of Jesus Christ fills the world, and He promised us that He would be with us forevermore. Though He is invisible to our outer senses, His Spirit does its mighty healing work in us and it will not cease its healing work until peace and perfection are established in all the earth.

Therefore, I have no fear for the future of the earth and its inhabitants. I intrust all creation to Him; I rest secure in my faith in Him, and I help others to overcome fear as I stand firm in my faith.

And the crooked shall become straight,
And the rough ways smooth;
And all flesh shall see the salvation of God.
—LUKE 3:5, 6.

Tuesday

JULY 3

I AM ONE WITH ALMIGHTINESS; MY ENVIRONMENT IS GOD.

ALL OF us can bless our environment, we can help to make it a place of love and peace and plenty.

Whether you live in your own home, surrounded by members of your own family, or in someone else's home; whether you live in an apartment or a hotel room; wherever you are, wherever you live, with whomever you live, you can live in peace; you can create a feeling of order and beauty and harmony in your surroundings.

Every day upon awaking, bless not only yourself but your environment. Bless your dwelling place, be it large or small. Bless those who share it with you, be they family, friends, or strangers.

Affirm: "I am one with Almightiness; my environment is God." Know that you are one with God, that in Him you live and move and have your being, that His love surrounds you, His presence guides you, His peace fills you and radiates through you to bless the very corners of the place that you call home.

♣ *In him we live, and move, and have our being.*—ACTS 18:28.

Wednesday

I AM NOT LIMITED IN ANY WAY. ALL THAT THE FATHER HAS IS MINE.

TODAY can be a new beginning, a beginning completely free from all belief in limitation.

I begin again as I let go of every belief in separation from God, as I let go of old fears, old thoughts of lack and open my mind to the unlimited abundance of God. I am one with God, the source of whatever I need.

Because I have the mind of God, I am not limited in intelligence. I have access to divine ideas, to divine light, to divine inspiration.

Because I inherit the substance of God I am unlimited in my finances. Instead of thinking or talking lack, I affirm the presence of God's substance increasing to meet my every need. Instead of thinking or saying that I do not know what to do, I affirm that I am God's child, filled with new ideas, new courage, new strength. I not only affirm this but I act on the ideas that come to me, holding fast to the thought that through God's Spirit in me I can do all things.

♣ *My God shall supply every need of yours.*—PHIL. 4:19.

Thursday

THE RESURRECTING LIFE OF CHRIST ANIMATES EVERY CELL OF MY BEING.

I AM ALIVE with the life of Christ. There is no other presence in my body but the life and intelligence of Christ. Every cell of my body is filled with His healing Spirit. I do not experience this healing life all of the time simply because I am not aware of it. Every fear, doubt, unkind thought and feeling stands in the way of my becoming perfectly aware of the life and intelligence of Christ within me.

Therefore, I surrender myself to the Christ Spirit that is within me now. Even as a seed is planted in the soil, so do I rest my thoughts in His presence within me, and immediately this life within begins to unfold its healing perfection throughout my thoughts, my emotions, my body.

This Spirit cannot grow old; it cannot be sick; it cannot die; and when I surrender to it, it removes from my mind and body all causes and appearances of debility and resurrects my entire being from death to life.

♣ *The lamp of the body is the eye: if therefore thine eye be single, Thy whole body shall be full of light.* —MATT. 6:22.

Friday

I BEHOLD THE BEAUTY AND GOODNESS OF GOD EVERYWHERE.

THIS IS MY Father's world.

The trees waving against the sky, the roses on the fence, the robins on the grass are all my Father's handiwork.

The loved ones in my home, my neighbors, and my friends are all children of my Father.

The air I breathe, the light I see are His.

The people in the cities, the people on the farms, all those I read about, near and far, are my Father's people. Those whose color and language are different from mine are His. And I am His.

This is my Father's world, and He is in it everywhere.

Whatever I do, wherever I go, He is present. He is present every moment of my life.

He is the life within me, the life about me.

Earth and heaven and all the universe are my Father's.

These yearnings in my heart, this surge of joy, this feeling of exultation all tell of the eternal Father.

I know that all is His and He is all.

• *Talk ye of all his marvellous works.*—PSALMS 105:2.

Saturday

I LET GO OF ANY SENSE OF HURRY OR STRAIN. I RELAX IN GOD'S LOVE.

WHENEVER I find myself becoming tense, I relax for a moment from whatever I am doing and remind myself that I rest eternally in the presence of the living God. I think of His life in my body and of His intelligence, which animates my mind until I realize that He is the strength of my life. Then I proceed to do my work, not with any sense of pressure and anxiety, but in the sure faith that He is helping me.

No matter what I am called upon to do, I meet every situation in a calm and relaxed spirit, trusting the Father to guide me perfectly in every detail of that which confronts me.

I keep my attention on the present moment and my present duties, gently recalling my thoughts every time they wander anxiously to the future or to the past. I live this moment to the fullest extent by trusting in God's care now.

I relax in God's love and my power to accomplish is increased.

♣ *Study to be quiet, and to do your own business, and to work with your hands.*—I THESS. 4:11.

Sunday

I OPEN MY MIND AND HEART TO THE FORGIVING LOVE OF CHRIST.

IF THERE SEEMS to be an appearance of unkindness or injustice in your life, affirm the forgiving love of Jesus Christ many times and you will truly feel that you have completely forgiven all persons. To forgive all persons means to forgive yourself too. You not only need to forgive others their shortcomings and imperfections, but you need to forgive yourself when you have not seemed to measure up to that which you know to be the highest and best.

It may not seem that forgiveness comes easily, especially if you try, through reason or personal will power, to overcome unloving or unforgiving thoughts or feelings. The quick and sure way to forgive is to open your heart to the forgiving love of Christ. As you open your heart and mind to His love, peace permeates your consciousness. In His love, you are able to release all thoughts about yourself or other persons that have made you bitter or unhappy. In His love you find understanding and warmth of feeling and loving-kindness that radiates from you to bless others.

♣ *There is forgiveness with thee.*—PSALMS 130:4.

Monday

I BLESS THE PAST AND LET IT GO. I ACCEPT THE PRESENT GOOD THAT GOD HAS FOR ME.

ONE OF THE most common causes of unhappiness is self-blame. Many persons seem to have everything to make them happy but they are not able to enjoy life because their hearts are filled with feelings of guilt and regret.

No matter what has gone before, we should not look back with shame or regret upon the paths by which we came into our present place in life. We all need to learn to live in the present, to enjoy the place where we are. It is good to make use of the knowledge we have gained through our experiences, but we need to forget the pain of the past, we need to refuse to relive in our mind any unhappy experience.

God always gives us new opportunities to learn and to grow. We are God's beloved children and we will always be beloved of Him. Let us accept His love; let us look forward with faith in ourself and in the goodness of life. Let us bless the past and let it go. Let us accept the present good that God has for us.

♣ *Beloved, now are we children of God, and it is not yet made manifest what we shall be.*—I JOHN 3:2.

Tuesday

GOD'S LAW OF JUSTICE IS ACTIVE IN MY LIFE AND AFFAIRS.

THERE HAVE been times in the lives of most of us when we have felt that circumstances or conditions were unjust. There have been times when it has appeared that another person has treated us unfairly. But when we come to know and to believe in God's law of justice, we find freedom from belief in injustice.

It is when we are tempted to think we have been unjustly treated that we need to look away from the appearances and to depend on God, on His law of divine justice to bring forth our own good.

It is not always easy to see how justice can come forth out of certain circumstances, but even when we cannot see how the good is to come forth we need to keep our faith steadfast; we need to believe absolutely in God's unfailing law of justice.

We bring forth justice in our life and affairs by having faith in God. With God working in us the ultimate outcome of any situation will be right and just for us and all concerned.

♣ *Jehovah is a God of justice; blessed are all they that wait for him.*—ISA. 30:18.

Wednesday

JULY 11

I GIVE THANKS THAT GOD LOVES AND APPROVES OF ME.

DO YOU HAVE a feeling of inferiority because you seem to lack certain qualities that are necessary for success in your work or in your life? If you do you can change your way of thinking; you can overcome any feeling of inferiority.

God created you and endowed you with capabilities and talents you have not yet developed. With God's help, you can discover for yourself what they are and what you need to do in order to bring them forth.

There may be outer steps you need to take in order to become more proficient in your work. You may need to learn to be more kindhearted, tactful, and understanding in dealing with other people. Tolerance and a loving attitude open the door to opportunities for advancement that otherwise might be closed to you. Prayer opens your mind and heart to receive light and inspiration.

You have God's love, His approval, His help. Nothing is too difficult for you when you work with God.

♣ *The truth shall make you free.*—JOHN 8:32.

Thursday

I GIVE THE GOOD GIFT OF LOVE TO EVERYONE I MEET, BECAUSE GOD HAS GIVEN THE GIFT OF HIS LOVE TO ME.

LOVE FILLS my heart, for God is with me in all His love. I hold loving thoughts toward those about me, no matter what happens and no matter what is said or done to me. I think of each and every one as perfect and good in the true center of his being, and I bless him in this realization.

I think loving thoughts about people in other lands who seem to have different ideas and attitudes. I bless them as kinsman, as children of the one Father. I feel a oneness with all through the Spirit, which abides in all of us.

I give love freely, and love pours in upon me in abundance. I am centered in love and encircled by love.

The love of God is mine to pass on to others and theirs to return to me. Love floods my heart with happiness and peace. I cannot help but be loving, for God is in me, and God is love.

♣ *And the peace of God, which passeth all understanding, shall guard your hearts and your thoughts in Christ Jesus.*—PHIL. 4:7.

Friday

JULY 13

"IN HEAVENLY LOVE ABIDING,
NO CHANGE MY HEART SHALL FEAR;
AND SAFE IS SUCH CONFIDING,
FOR NOTHING CHANGES HERE."

GOD DOES NOT change. He is always the same; He is the loving, abiding, and constant security of my being. Whatever changes take place will all work out for good when I remember to trust God.

Since there is no progress without change and since I want to progress, I welcome changes in my life when they come. I see them as new doors opening to me. I work with God's law of progress. I give thanks for inner spiritual growth and unfoldment; I give thanks for outer growth and unfoldment.

I am always safe and secure in the love of God, confident and unafraid of any change.

"In heavenly love abiding,
No change my heart shall fear;
And safe is such confiding,
For nothing changes here."

Open thou mine eyes, that I may behold
Wondrous things out of thy law.
—PSALMS 119:18.

Saturday

GOD SATISFIES MY LONGING SOUL AND FILLS MY LIFE WITH GOOD.

IT MAY SEEM that you lack many things; you may feel lonely or set apart from other persons; you may feel helpless or afraid, but God in you is greater than any of these feelings. It is when you remember that you are a child of God, that He is with you and you are with Him that you rise out of depression or unhappiness, that you find a new outlook on life, that you begin to experience peace and satisfaction within yourself.

Let go of all feeling of self-condemnation, of human striving and quietly rest in the assurance that God knows you better than you know yourself, that He knows your heart and soul, that He knows your need, that He is working in you and through you now to bless you and to open a new life to you.

There have always been those who have "wandered in the wilderness in a desert way . . . hungry and thirsty." But always God has delivered those who trusted Him and brought them "unto their desired haven."

♣ *For he satisfieth the longing soul.*—PSALMS 107:9.

PLENTY

R. H. GRENVILLE

Plenty is a lovely word.
  I never hear it spoken,
But that I think of Cana's wine
  And bread divinely broken;

Of dripping harvests from the deep
  Where fishers toil together,
And grainfields slowly ripening
  Through weeks of perfect weather;

Of all the riches of our God,
  Past estimate or measure—
That kingdom which, to share with us,
  Is always His good pleasure.

Sunday

GOD IS PERFECT LOVE, PERFECT WISDOM, PERFECT POWER. I ABIDE IN HIM; HE ABIDES IN ME.

I BEHOLD God as all the good in the universe, as the reality of all that appears. I think of Him as infinite life, love, wisdom, and power. And I know Him as my loving Father. I am His child, made in His image, possessing within me the essence of His infinite Spirit.

I feel God's life stirring within me and know that I am more than flesh and blood and bone. I am made of the pure substance of Spirit. I am part of all the life there is, of all the love there is, of all the good there is.

I am filled with a sense of abounding joy as I realize my true relationship to God. I am His, and He is mine.

I am meant to express the highest; for I am, in my true being, an expression of the highest. God has given me the gift of His own Spirit; He has opened to me all the avenues to His limitless good.

I abide in Him; He abides in me.

♣ *Hereby we know that we abide in him and he in us, because he hath given us of his Spirit.*—I JOHN 4:13.

Monday

I COMMIT MYSELF TO THE GUIDANCE OF SPIRIT AND APPROACH EACH NEW MOMENT WITH FAITH.

PERHAPS you have to meet someone for a talk that is vitally important to you. Perhaps you have to make a decision or meet an ordeal that seems difficult. Perhaps the course of your life and that of others seems dependent on the kind of impression you will make or the action you must take.

Remember in everything you do that one thing is needful—faith in God. Ask Him to help you and believe that He will, and the way will be made plain and easy for you. The Spirit within you will tell you what to say and do. Obstacles will be cleared away and everything will fall into an ordered pattern if you let God take charge.

Instead of worrying and straining to think of the right decisions or answers, say simply to yourself: "God is my help in every need. I trust everything to Him." You will find that He will fill you with the wisdom and power of His Spirit.

Thou wilt show me the path of life:
In thy presence is fulness of joy.
—PSALMS 16:11.

Tuesday

WITH INFINITE PATIENCE I TRUST THE OUTWORKING OF GOD'S GOOD WILL IN MY LIFE.

INSTEAD of becoming impatient if things do not work out in the way that I should like, this day I will be patient; I will calmly place every situation in God's hands and trust Him to adjust everything perfectly. There is no hindrance, no delay in Spirit. I will remember this and let go of any feeling of impatience or tension. I will remember that it is the Father's good pleasure to give me the kingdom. Whatever I need to help me live a whole and joyous life can be mine. My part is to let go of fears, doubts, grudges, and thoughts of limitation, to open my heart and mind and life to God, to let Him set me free.

I place myself and all that concerns me in God's loving care, and I patiently trust Him to bring forth my good. I give thanks that all negative thoughts and feelings are now cast out of my consciousness, that I am now free to claim and receive my own.

With infinite patience I trust the outworking of God's good will in my life.

❖ *Let patience have* its *perfect work, that ye may be perfect and entire.*—JAMES 1:4.

Wednesday

GOD GIVES ME STRENGTH AND FILLS MY LIFE WITH PURPOSE AND POWER.

MANY persons go through times when it seems that there is little use struggling against disappointment and defeat. They have hoped; they have prayed; they have done the best they know, and still one blow after another seems to fall. They wonder what is the use.

If ever we feel this way, we need to stop worrying and rely more completely on God. We need to give up and let go; to give up to the fullness of faith and let go of our own efforts to solve our problems unaided. We need to let God take over.

Whenever we give our load over to God and stop worrying and trying to carry it ourself, we feel a quiet stirring within of new strength and hope and courage. We feel a newness of life, the life of all-powerful Spirit within us saying, "Be of good cheer; I have overcome the world."

Whenever we substitute faith for fretful striving, our life is filled with purpose and power.

♣ *Cast thy burden upon Jehovah, and he will sustain thee.*—PSALMS 55:22.

Thursday

JULY 19

YOU ARE A CHILD OF GOD. I HAVE FAITH IN HIS SPIRIT IN YOU TO INSPIRE YOU AND GUIDE YOU IN THE WAY OF YOUR GOOD.

IN OUR daily association with other persons, we are often touched by their apparent needs and we wish that there was something we could do to help them.

Regardless of how much another person may seem to need help and guidance in meeting his problems, your prayers for him will help him in a very real way. Your prayers will help him to realize that he is a child of God, capable of handling the affairs of his life, capable of being the kind of person he longs to be.

The greatest help we can give another is to have faith in the Spirit of God in him, to know that the Spirit gives him strength to meet his problems and faith and courage to find the way to his highest good. Every person, whether it appears to be true on the surface, is seeking peace of mind and satisfaction of soul. Our part is to have faith in the Spirit of God in him to guide him and to inspire him along his way.

• *Jehovah will guide thee continually, and satisfy thy soul in dry places.*—ISA. 58:11.

Friday

THE ILLUMINATING POWER OF TRUTH AWAKENS AND QUICKENS MY CONSCIOUSNESS, AND I DISCERN CLEARLY.—UNITY ILLUMINATION THOUGHT.

ALMOST every moment of the day we are called upon to make decisions that are of more than passing importance. In order to arrive at the right decision in any particular instance, we may not always be able to weigh each factor or consider each element of the situation carefully, and even if we were able, we might find ourself confused by the welter of facts. Through Truth, which illumines our mind and our thoughts, we can sort out the true from the false and discern clearly what is right and good not only for us but for everyone else concerned.

The illuminating power of Truth enables us to make right decisions, for it awakens and quickens our consciousness to perceive the truth, the reality underlying the facts. Through our quickened perception, we discern clearly and decide rightly. Because our decision is just and right in the sight of God, it will also be just and right in the sight of men.

* *I will counsel thee.*—PSALMS 32:8.

Saturday

TRUTH HAS SET ME FREE FROM ALL FEAR OF INSUFFICIENCY, AND I ABOUND IN THE WEALTH OF SPIRIT.—UNITY PROSPERITY THOUGHT.

THE FREEING power of Truth can readily be invoked by each one of us if, at any time, we are facing what appears to be insufficiency of supply. The wealth of Spirit, the infinite riches of the Father's kingdom are ours to claim, to enjoy, and to use according to the degree of our faith.

When we lay hold of the truth that God's supply is instant, constant, and unfailing and hold to it unfalteringly, we are set free from lack now and for all time to come.

The wealth of Spirit is available for everyone to claim and use. Divine riches exist in the form of ideas that can be transformed into manifest supply by anyone who, through spiritual insight, is able to perceive them and put them to work for him. God furnishes the raw material for prosperity in the form of ideas and spiritual substance; it is up to us to provide the means and effort by which we manifest prosperity.

♣ *He that seeketh findeth; and to him that knocketh it shall be opened.*—MATT. 7:8.

Sunday

TRUTH HAS SET ME FREE FROM ALL ERROR THOUGHTS AND CONDITIONS. I NOW ENTER INTO POSSESSION OF MY DIVINE INHERITANCE OF HEALTH.—UNITY HEALING THOUGHT.

PERFECT HEALTH of body and mind is our divine birthright. God created us in His image and after His likeness and put within us His own Spirit—perfect, deathless, eternal. He endowed us with His perfection, but He also gave us freedom to express it to the extent of our understanding of Him and His laws.

If our body or mind is expressing some degree of imperfection now, we may be obliged to see the imperfection as a fact, but under no circumstance should we accept it as the truth. The truth of our being is perfection. Our divine inheritance is perfect health in every department of our being, and Truth sets us free from every error thought and condition that may have resulted in our expressing imperfection of any kind.

Our healing thought for the current month puts us in accord with the mighty healing power of Truth. Affirm your health now and rejoice!

• *If ye have faith . . . nothing shall be impossible unto you.*—MATT. 17:20.

Monday

JULY 23

PEACE I HAVE MOST FULL AND FREE.

FEW persons have completely overcome the tendency to feel cross or irritable. Few persons are so loving, so relaxed, so respectful of the feelings of others that they never get impatient or out of harmony with those about them. But by working with the mind and heart in prayer, we can rise above crossness and irritability.

All of us want to play a harmonious role in the lives of others. In order to do this, we must respect the feelings of others and be co-operative and loving in all our dealings.

When our nerves grow tense, when another's response or mannerism irritates us, we should become quiet and know that God's presence is filling our being with peace full and free. We need to relax and get our emotional bearings. To take the thought "Peace I have most full and free" gives our emotions and feelings new direction, it quiets our nerves; it sets our feet on peaceful, harmonious paths.

♣ *Thou wilt keep* him *in perfect peace,* whose *mind* is *stayed* on thee, *because he trusteth in thee. Trust ye in Jehovah forever.*—ISA. 26:3, 4.

Tuesday

I AM POISED AND CENTERED IN THE CHRIST MIND, AND NOTHING CAN DISTURB THE CALM PEACE OF MY SOUL.

WITHIN me is a sanctuary of peace, which no outer storm can disturb. No condition or person can prevent me from experiencing this inner peace. At any time I desire I can turn within and re-establish myself in the poise of Spirit.

If something causes me to be afraid, instead of running away from the condition and thus giving it more power over me, I will stand where I am and relax my mind and body. I will think of God's indwelling presence, and He will lift me up above my fear.

If there is some habit that I should overcome, if there is some change in my life that I must face, instead of worrying and struggling and resisting these conditions, I will relax all tensions of mind or body; I will turn to God's presence.

I do not have to wait for my environment to change before I can know joy and peace. In the midst of inharmony, I can find heaven within.

♣ *If I make my bed in hell . . . thou* art there.—PSALMS 139:8. (A.V.)

Wednesday

JULY 25

MY FAITH IS IN GOD'S SPIRIT WITHIN ME.

HAVE YOU ever considered that fear is a habit and, likewise, that faith is a habit? If our predominant response to life and people is one of fear, then we need to develop the habit of faith. How can we do this? Through prayer.

Through the conscientious practice of prayer we discover God's Spirit within us. We experience a sustaining and guiding power beyond what we have felt before. We come to know with unfaltering certainty that we can meet any demand life makes of us with wisdom and courage.

When we look at life and see conditions that seem to threaten our good, instead of drawing back in fear we need to remind ourself of the power that is within us to meet life triumphantly. Through consciously working with our thoughts and attitudes, we can change the habit of fear to the habit of faith.

Every time we affirm, "My faith is in God's Spirit within me," we are impressing this truth upon our mind; we are strengthening our own ability to meet life triumphantly.

♠ *Fear thou not, for I am with thee.*—ISA. 41:10.

Thursday

MY FAITH IS IN GOD'S PROTECTING LOVE.

"THE eternal God is *thy* dwelling-place,
And underneath are the everlasting arms."

When we meet challenging experiences in life, it is comforting to remember that the eternal God is our refuge, that His strong and everlasting arms uphold us.

The Spirit of God within us is our guide, our protection, our wisdom, our light. As we trust His Spirit we move safely and successfully through every experience. We find that we have more spiritual resources than we know on which to rely, more strength and power and ability to call forth in time of need.

When we have faith that God's protecting, guiding presence is with our loved ones also, when we have faith that they too are upheld and supported by the everlasting arms, we help them to meet life with confidence; we help them to feel safe and secure wherever they are, whatever they are called upon to meet.

The eternal God is thy *dwelling-place.*
And underneath are the everlasting arms.
—DEUT. 33:27.

Friday

I HAVE FAITH IN GOD TO HEAL, TO VITALIZE, TO STRENTHEN, AND TO RESTORE ME TO WHOLENESS.

JESUS said, "Have faith in God." I have faith in God. I believe with all my heart, with all my mind, and with all my soul that God is healing and cleansing my body and filling me with inexhaustible life and strength.

If my faith falters, I remember the words of Jesus, "Have faith in God." I shut the door of my mind against negative thoughts and turn my entire attention to the Spirit of God within me. I enter the inner sanctuary of prayer and become quiet, peaceful, and serene. My faith in the healing power of God, working steadily and unceasingly in my body temple, grows stronger. I cease to depend on my own powers and my own efforts for healing. I depend absolutely on God.

My prayers are strengthened and my faith is renewed as I say to my heart, to my lungs, to my eyes, or to any part of my body that needs healing and perfecting: "God's healing, vitalizing, cleansing, renewing life flows freely through you."

♣ *Thy faith hath made thee whole.*—LUKE 8:48.

Saturday

GOD IS WITH ME THIS VERY MOMENT. I AM NOT ALONE, FOR WHEREVER I AM, GOD IS.

I AM NOT alone. I do not have to meet my problems alone. I begin this day with this comforting thought and keep it close to my heart every moment. God is with me. God's love infolds and strengthens me. Whatever I need to do, God is with me to guide my actions. I need but let go all fears and all anxious thoughts about myself or my dear ones and trust His loving care. He is the answer to my every need. I open my mind and life to the good He is giving me this moment and every moment of every day.

Someone has said,

"I am the place where God shines through,
For God and I are one, not two."

I am never alone or without a friend, for God is my friend and He loves me with an understanding love. The day and the night are as one to Him; so if I wake in the night, I can instantly turn my thoughts to Him and feel the comfort of His love. Whenever I turn to Him I find peace and strength and rest.

♣ *I am not alone, because the Father is with me.*—JOHN 16:32.

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Sunday

I OPEN MY MIND TO GOD, AND MY LIFE AND AFFAIRS ARE HARMONIZED AND BLESSED.

MANY persons are troubled and fearful over their lives and affairs. Charles Fillmore says: "It does not require labored arguments or hard thinking to see how easily the problems of life would be made orderly and divine if men would let the Lord into their minds. Jesus said the yoke was easy and the burden light. He was victor over all the hard conditions to which men and women think themselves yoked, and He made light of sin, disease, and poverty, by annulling them and preaching boldly in the face of an adverse theology that it was the prerogative of the Son of man to blot these errors from the world of mankind.

"There is a royal road for every man—a road in which he will be conscious of that dominion which is his by divine right. . . .Jesus gives us a series of affirmations that will deliver us from the wilderness of ignorance. His command is, 'Keep my word.' Then His words are set before us: 'I am the way, and the truth, and the life:' "

♣ *My yoke is easy, and my burden is light.*—MATT. 11:30.

Monday

I CLAIM THE ABIDING SPIRIT OF CHRIST WITHIN, AND MY LIFE BECOMES AN EXPRESSION OF GOOD.

HAVE YOU ever said anything you wish you had left unsaid? Have you ever spoken words on impulse that you really did not mean?

Most of us have at times, but it is possible to train ourselves to "hold our tongue." However, unless the compulsion is from Spirit within, we will never be wholly successful.

Only as we learn to practice the presence of God and become conscious of His indwelling Spirit will our words and deeds become an expression of good.

As we realize that we are perfect children of the perfect Father, that His Spirit fills us, our thoughts and words and acts are transformed. Through the realization and the expression of His Spirit of love the words of our mouth and the meditations of our heart become spiritualized.

As we become conscious of our spiritual nature we express only the good, the true, the uplifting, the beautiful.

♣ *The law of truth was in his mouth.*—MAL. 2:6.

Tuesday

DIVINE LOVE FLOWS THROUGH MY HEART TO HEAL AND TO BLESS.

ALL OF us at times are called upon to give an extra measure of patience, an extra measure of faith to someone with whom we live or work. But when we realize that our purpose in the lives of others is to bless and to help, we do not mind giving this extra measure of ourself.

Even when the other person does not seem to respond to our patience and faith, our part is to continue to provide a healing atmosphere; to give thanks that trust is growing in the fearful heart, that clarity is being developed in the confused mind.

When our patience is tried and our faith does not seem very strong, let us remember the endless supply of patience and faith in the great heart of God. Let us remember that we live and move and have our being in the heart of God. Let us remember that the deepest satisfaction we can know is the satisfaction that comes from allowing God's love to flow through our heart.

♣ *The prayer of faith shall save him that is sick.* —JAMES 5:15.

This Month IN UNITY

To Parents and Sunday-School Teachers

Very early in life children begin to show a preference for one thing above another. The child mind is impressionable and absorbs more than most parents realize.

For example, very young children can be taught to know God as the loving Father of all—if this truth is presented in a way that appeals to them. With this in mind, Unity publishes a series of simple lessons to be used by parents or Sunday-school teachers to turn the child's attention to his spiritual nature. These lessons are in loose-leaf form and are known as the *Unity Beginners' Course.*

The lessons in this course are nonsectarian. They are not religious instruction but rather a preparation for the acceptance of religion later on in life. The course is designed to appeal to the child's interests and uses simple stories as a means of teaching that God is the Father of all. There are lessons dealing with God's human family, His bird family,

and His animal and vegetable kingdoms. The lessons include plans for play, such as suggestions for things to make and pictures to color and cut out.

Unity's Beginners' Course is priced at $1 a lesson set and may be ordered from Unity headquarters.

A Special Announcement

Unity now has on hand a new supply of the book *Child Unfoldment*. This book was written especially for Sunday-school teachers of children's classes but will also be of much interest to parents and others who work with children. The practical and explicit instruction in the book offers new ideas and suggestions for helping children to attain a positive, self-confident outlook on life.

Child Unfoldment is a 75-page paper-bound book and is priced at 50 cents a copy. It is available through your local Unity center or may be ordered direct from Unity headquarters, Lee's Summit, Mo.

Questions regarding the teaching of Truth to children will be cheerfully answered by the Unity Sunday School Department without charge or obligation.

"World Peace" Conference Theme

In the belief that peace can be won "not by might nor by power" but by God's Spirit, the members of the Youth of Unity, an international organization of young people affiliated with Unity centers, have chosen "World Peace" as the theme for their annual conference this year.

The conference takes place July 3 to 9 at Unity Farm, as it has for many years. The threefold program on the theme "World Peace" will include an impressive ceremony in which the Y. O. U.'ers will bless the new Charles and Myrtle Fillmore Bridge at Unity headquarters, as well as other inspirational services; social meetings such as the "Howdy-Doody" party, a banquet, a semi-formal dance, and square dancing; and recreational activities such as swimming, tennis, golf, and shuffleboard.

If you are not familiar with the Y. O. U. organization and should like to know more about it, you are cordially invited to write to William L. Fischer, Executive Secretary, Youth of Unity, Lee's Summit, Missouri, for descriptive literature and information. New members are always welcome.

DO YOU HAVE THESE UNITY BOOKS?

WORKING WITH GOD

By Gardner Hunting

A sound dissertation on the theory that neither mere dishonesty nor mere honesty pays; neither mere laziness, nor mere hard work, that nothing really pays but obedience to God's law, that God *is* law and that law always works.

THE GREAT PHYSICIAN

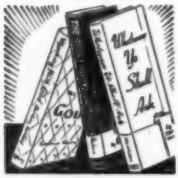
By Ernest C. Wilson

This book shows how to apply Jesus' method of prayer, giving, and loving to the healing of any negative condition that we may be called upon to face. The author says that God's great correlative for all human problems is love.

WHATSOEVER YE SHALL ASK

By Zelia M. Walters

A collection of stories based on a kindly physician's advice to persons seeking a way out of their difficulties. This book reveals Truth ideas in a helpful way and at the same time makes delightful reading.



Each of these helpful Unity books is priced at $1 a copy.

UNITY School of Christianity, Lee's Summit, Mo.

Your Teen-Ager's Private

"INDEPENDENCE DAY"

Dear Parent:

Has it occurred to you that your teen-ager, who is going through the "growing-up" process, is heading toward his own private "independence day"?

Though now he relies on your example, your experience, and your protection, the day must come when he becomes self-reliant, self-confident, self-respecting, self-supporting. This will be his own private "independence day."

Help him to reach it with as little difficulty as possible by giving him a gift subscription for YOU magazine. Not only will he find YOU entertaining and fun to read but also full of practical help with the things he most wants to know: how to be self-reliant, how to attain poise and self-assurance, how to evaluate his personality and abilities, and how to put all these things into operation to make himself a wanted, needed, useful member of society.

Your son or daughter will like YOU's interesting fiction stories, articles, pictures, and hobby pages. And you as a parent will appreciate its budget subscription price—just $1 a year for 12 issues!

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Mo.

"According to Your Faith Be It Done unto You"

Do you believe this promise of the Master? Can you put your faith to work? The Unity Prosperity Bank plan is an excellent way to increase and strengthen your faith in God's power to supply your needs. The practice of following the Bank drill daily, in accordance with the instructions sent to you with the Bank, will help you establish your life on a firm foundation of abundance, happiness, and success.

One of the important steps in demonstrating supply is giving. When done in faith, giving will open channels through which you will receive more abundantly. The Bank plan offers you a convenient way to give subscriptions for DAILY WORD to your loved ones and friends while also proving your faith in God's supply.

Unity School of Christianity, Lee's Summit, Mo.

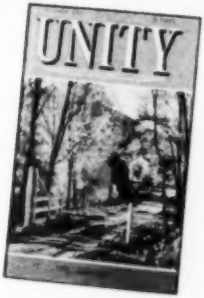
Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save $3 for the three DAILY WORD subscriptions (one year each) listed below:

1. Name _____
   Street _____
   City _____ State _____
2. Name _____
   Street _____
   City _____ State _____
3. Name _____
   Street _____
   City _____ State _____

SENDER'S NAME _____
Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided. D-7-91

Have You Seen UNITY MAGAZINE *Lately?*



Readers who have long admired the beautiful cover pictures on DAILY WORD will be interested in knowing that their old friend UNITY magazine, oldest publication of Unity School, is also currently appearing in a "new dress" with covers in full color!

Subscribers for UNITY magazine are finding much inspiration in these lovely, carefully chosen color pictures. Many are making attractive scrapbooks of them and are glad to find that they are approximately the same size as the DAILY WORD cover pictures.

But inside UNITY magazine, under its new dress, you will still find the same kind of uplifting, inspiring articles and features that have typified it since 1889! You will also still find the familiar departments "Prayers Answered," "News from Unity," and the International Sunday School Lessons metaphysically interpreted.

If you are not already a subscriber, order UNITY magazine today and enjoy the new color covers while you have the advantage as well of all the blessings a whole year's issues can bring. UNITY is still just $1 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

We believe in the fatherhood of God.

We believe in the brotherhood of man.

We believe in a free society, built on the co-operation of the people who compose it.

We believe that all men are created to have equal and unlimited opportunities.

We believe that the rightful heritage of men is the heritage of children of the living God, peace, plenty, justice, and liberty.

We believe in the ultimate victory of the right.

We believe in neither caste nor class nor race, but in one God, one humanity, one law, one future.

This is the faith of America. This is the faith of men of good will everywhere.

—*James Dillet Freeman; The Ultimate Victory*